



Speaker * Certified Trainer * Consultant



Testimonials

“Arlene blends the passion of life and professional experiences with the humor of a joyful heart. Along with an impressive knowledge of her subject matter, she possesses the organizational skills required to hold an audience’s attention and engage them, yet she remains on topic AND on time. Arlene is very easy to work with. I enthusiastically recommend Arlene Gale for your next event! I can’t wait to get her Back here to speak to us again!” Timothy Lewis, West Texas A&M, Event Co-Planner and Best Selling Autor

“I highly recommend Arlene. The first time I heard her speak I was blown away. She filled the room with tangible wisdom, held everyone’s attention with humor and interaction. Arlene is so good at what she does, I hired her to speak to my clients at several different events. My audience and truly I enjoyed every minute of Arlene’s speaking and training expertise.” Debbie Allen, International Business Speaker/Expert

“I heard Arlene Speak at an event. I enjoyed her sense of humor, hands-on practical lessons, and business sense so much I hired her for my next event. Arlene is a top-notch professional, easy to work with from beginning to end. She delivered two keynotes to women in business who left motivated and confident to face business and life changes head on. Arlene is a true professional with a very high likeability factor that matches her skills and knowledge.” Rachel Lykins, Women’s’ Legacy Conference Attendee, Rejuvenation at Sea Conference Coordinator



“One does not meet Arlene, one experiences Arlene! ‘Overwhelming, impossible, I can’t, I don’t know how,’ were my self-limiting beliefs when I went into my training with her. In half a day, ‘Arlene the Amazing’ changed my outlook and helped me break barriers for life and business changes with easy-to-follow steps. With Arlene’s guidance, my apprehension and procrastination turned into confidence and capability! Thank you, Arlene for sharing your talents and passion.” G. Millet – Business Communication Expert



“I took Arlene’s 2-day trainings and then did some one-on-one coaching, Arlene provided tangible tools and tips, options with pros and cons, business strategies, too. Arlene knows her stuff. Arlene motivated me to take bigger, bolder action. I am a better leader today thanks to Arlene.” M. Guthrie – Olympian and Fitness/Nutrition Expert

“When I met Arlene, the thought of going into business leadership was terrifying. She helped me develop a plan. Arlene was there every step of the way, coaching me, and building my confidence. It was clear my success was important to her. With her training and support you will build your business success and confidence, too.” C. Andrews

Let’s Work Together

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